

Contact Lens Quiz

Print, fill out, and bring to your appointment if you wish to speed things up.

Name: _____ Date: ___/___/___

- 1) Which contact lens do you insert first?
 - a) Right.
 - b) Left.
 - c) Doesn't matter.
 - d) Alternate to a different one every day.
- 2) Which contact lens solution should you buy?
 - a) Whichever is on sale at the local discount store.
 - b) The one Dr. Baron started you out on.
 - c) Doesn't matter, can use water if necessary.
 - d) Doesn't matter, can use spit if necessary.
- 3) What do you do if one of your eyes hurts with the contact lenses in?
 - a) Rub your eyes.
 - b) Put in some artificial tears.
 - c) Take out contact lenses immediately.
 - d) Splash some water in your face.
- 4) When should a woman put on make-up?
 - a) Before she puts her contacts in.
 - b) Never.
 - c) At the same time as she puts her contacts in.
 - d) After she puts her contacts in.
- 5) Why is it important to have a back-up pair of glasses when you're a contact lens wearer?
 - a) In the event you cannot wear contacts the glasses enable you to drive safely; i.e. if you would need to drive someone to the hospital.

- b) Can use glasses for a home self test to make sure your vision is clear right after removal of contact lenses.
 - c) Can wear glasses to give eyes a break from contact lens wear.
 - d) All of the above are correct.
- 6) What do you do first if you experience blurred vision with your contact lenses?
- a) Call in to the office.
 - b) Panic.
 - c) Take out contacts and take a nap.
 - d) Switch lenses to opposite eyes to see if you have them in the wrong eyes.
- 7) When should you dispose of the current pair of contact lenses you are wearing?
- a) When they both rip.
 - b) When they are old and brittle.
 - c) When you've worn them for more than a year.
 - d) At the amount of time that Dr. Baron tells you that you should replace them.
- 8) What do you do if you experience blurred vision with your glasses after you remove your contact lenses?
- a) Throw away your glasses.
 - b) Just don't wear the glasses.
 - c) Call into the office to be checked.
 - d) Donate your glasses to the Lions Club.
- 9) When you come in for a contact lens check, you should wear your lenses:
- a) At least an hour before the exam.
 - b) As long as possible during the day of the exam.
 - c) Bring contacts with you to the exam.
 - d) In opposite eyes.
- 10) If you have the same prescription of contact lens in each eye, which of the following statements is correct?

- a) Always wear the right contact in the right eye and vice versa.
- b) It doesn't matter which eye you put which contact in since they are the same prescription.
- c) If your friend has the same prescription, wear that one.
- d) The prescription in one of the eyes is incorrect.